

MEDICAL CERTIFICATE
LAW ENFORCEMENT PRE-TEST PEACE OFFICER
WELLNESS EVALUATION REPORT (POWER)
PHYSICAL FITNESS EXAM

(Please print or type)

Name of Officer _____ Date of Birth: _____
Department/Agency _____
Age _____ Height _____ Weight _____ Sex _____

To Examining Physician:

This person is being considered for enrollment in the Law Enforcement Pre-Service Peace Officer Wellness Evaluation Report (POWER) Physical Fitness Exam. Laws providing for compensation for injuries make it imperative that this certificate be accurate and complete. This medical certificate will be used to decide whether the person under consideration is physically qualified for admission to the Law Enforcement Pre-Service Peace Officer Wellness Evaluation Report (POWER) Physical Fitness Exam.

The physical activity in successive order at the Law Enforcement Pre-Service Peace Officer Wellness Evaluation Report (POWER) Physical Fitness Exam includes:

- * Lifting in a bench press a high percent of his/her weight
- * Stretching
- * Performing a series of sit-ups in one minute
- * Running 1.5 miles under a certain time, depending on the age of the person

The fee for your examination will be paid for by the individual or the department for whom he/she works.

Electrocardiogram, chest x-ray and blood tests are not necessary unless your examination indicates such tests are desirable or necessary.

PLEASE COMPLETE THE FOLLOWING:

The examinee _____ is _____ is not qualified to participate in the above described physical training.

NOTE: If the answer is negative, explain:

Thank you.

Physician's

Signature: _____

Physician's Name: _____

Print or type

Physician's

Address: _____

Physician's Telephone: _____ Date of Exam: _____

NOTE: THIS SECTION TO BE COMPLETED ONLY FOR PARTICIPANTS AGE 50 AND OVER WHO ARE REQUIRED TO SUBMIT TO AN EXERCISE TEST (TREADMILL OR BICYCLE ERGOMETER) WITH BLOOD PRESSURE, HEART RATE AND ELECTROCARDIOGRAPHIC MONITORING.

I recently (date) _____ administered a graded exercise test (stress test) to _____.
I observed normal heart rate and blood pressure responses to the work load and noted no ectopic activity or electrocardiographic evidence of ischemia during or in recovery from the test.

Examining Physician M.D.