East Central Illinois Mobile Law Enforcement Training Team

MTU #13

Course Announcement

Breach Point With Kent Williams

March 3rd, 2026

0830-1630 Hrs

Denny Stewart Training Center

3121 Dewitt Avenue

Mattoon, II.

Submit enrollment to:
Registration form at
www.mtu13.com



PURPOSE OF COURSE: This seminar will provide a new set of skills designed to assist contemporary knights maintain a balanced, meaningful and rewarding lifestyle, while maintaining and protecting the nobility found in their servant's spirit.

GOALS: The Goals of the Course are as follows:

Removing classic frustrations encountered by all law enforcement officers & the impact of rewarded cynicism

- --How the dynamics of control and trust can negatively influence officer attitudes both at work and home
- -Learning and mastering the unique, misunderstood and potentially problematic consequences of police perspectives
- -Learning from our Knightly predecessors on how to self-motivate on the street, in the department and at home
- -Inspiring a new generation of Knights
- -The Caustic Effects of performing well in law enforcement
- -How the dynamics of control and trust can negatively influence officer attitudes
- -How to lead and inspire those who have been taught to anticipate the worst in everything
- -Being an optimistic leader among a sea of professional pessimists
- -Overcoming the damaging effects of "the rule bound" and stoic approaches to the job

Observed Mandates Include:

Crisis Intervention

Human Rights

Ofc. Wellness

Procedural Justice

-Recognizing the symptoms of stress and how police stress differs significantly from other jobs

- -Developing a personal and organizational action plan to confront the issues
- -Learning to help others overcome unhealthy organizational overinvestment
- -Why officers are at greater risk for alcohol abuse, divorce, isolation, depression and suicide



Breachpointconsulting.com

Breach Point: Personal & Professional Breakthroughs for Police Officers

In a chaotic and unpredictable world of plummeting moral standards our nation's police officers are facing stressors that can have predictable and profoundly negative impact upon their lives, careers and families. This seminar will assist those attending in gaining a distinctly different perspective on the unique and potentially problematic consequences of performing well within a law enforcement culture. Officers, Sergeants and those who assist them will reflect upon the traumas and triumphs associated with modern law enforcement, and how these influence the pivotal balance between professional and personal relationships.

An experienced law enforcement executive and educator will guide law enforcement personnel in understanding a variety of best practice approaches in addressing these issues. A theme of personal leadership will run throughout this seminar as those attending will have ample chance to reflect upon the universal journey of a vocation spent in law enforcement. This seminar will provide a new set of skills designed to assist contemporary knights maintain a balanced, meaningful and rewarding lifestyle, while maintaining and protecting the nobility found in their servant's spirit.

This course is funded by the Illinois Law Enforcement Training and Standards Board.