

East Central Illinois Mobile Law Enforcement Training Team

MTU #13

Course Announcement



Critical Trauma Crisis Management Certification

January 31st, 2025

0830-1630 Hrs

Denny Stewart Training Center

3121 Dewitt Avenue

Mattoon, Il.

Submit enrollment to:

Registration form at

www.mtu13.com,

PURPOSE OF COURSE: This course will help law enforcement personnel identify symptoms of PTSD and PTSS and will provide tools for them to manage the residual effects of trauma. The course also provides a basic certification for those who would like to become a Critical Trauma Debriefing Facilitator.

COURSE DESCRIPTION: Deals with Trauma and its long-term effects on the work place and family relationships. Describes the history of debriefing and the reasons for it. Demonstrates how it is used and how to conduct Critical Trauma Debriefs.

GOALS: The Goals of the Course are as follows

- To certify debriefing facilitators within departments
- To teach law enforcement personnel best practices for handling trauma exposure
- To increase awareness of trauma related issues
- To decrease burn out.

Observed Mandates Include:

Ofc. Wellness

