East Central Illinois Mobile Law Enforcement Training Team Mobile Training Unit #13 Newsletter

April 2024

Welcome to April! Spring officially starts for ol' Brad when he can here the frogs on the neighbors property at night......and they are singing away.

There is a lot coming our way this spring. I want to draw your attention to the Sexual Assault Instructor Course on page three. If you have any interest in becoming an instructor for **Sexual Assault Trauma-**

Informed Response or for Sexual Assault Investigator, then please take a look a the flyer as there is going to be instructor courses in the northern, central and southern parts of the state.

We always slow down in the summer but we don't stop. Steve Spears will be back from retirement to teach the Sniper course in Effingham. They have a long distance range that we don't have here. We are also planning an Emergency and Evasive Vehicle Operations Course (EEVOC) for June as well. After that, Kelsey and I will be working on wrapping up the FY24 fiscal year budget paperwork and moving into the FY25 that begins in July. We hope everyone has the time to take vacation and enjoy time with their children and family. Until then though, please take another look at our training schedule, we have a lot of courses coming up that will meet the mandates that you need as well as teach you the things you need to both stay safe and serve the communities.



So......until summer comes, enjoy the mushroom hunt.

Project Director-Brad Oyer Assistant– Kelsey Jacobson

In-House Training Update

Trainers— Before holding in-house training. Please call and schedule with the MTU. I'm asking for at **least 2 weeks notice**. We are being asked to attend your training and fill out an "audit" form to evaluate the training. We need a couple of weeks if possible in order to arrange schedules so that one of us are available to attend if possible.

If you have any questions, please feel free to give us a call or drop us an email.

Brad, Kelsey and Jason

MTU 13 Facebook Page

Many of you may know that at one time, MTU 13 had a Facebook page. Since I have been in this position, I have been unable to locate username and passwords for that account. Kelsey has been putting together a new group page.

The former account, which is still up, was called "MTU 13". The new Facebook page is "East Central Illinois Mobile Law Enforcement Training Team-MTU 13". This will be a closed group, open only to law enforcement.

This QR code should take you to a sign up page where you will be approved after it's confirmed you are in the law enforcement family.





Mandate for Emergency Medical

You will now be able to submit your CPR card as proof of obtaining the class needed for the CPR mandate. Below is the email text regarding what ILETSB will accept for the law enforcement medical CPR mandate as far as the card goes. Everything else is the same. - Brad Oyer

Email from ILETSB-02/26/24

Anyone turning in a CPR CARD (ONLY) shall be entered into the class for that month's CPR Universal Course. You should notably have up to 11 potential CPR Courses that are for the last day of each month. Although a 12th month could be added, it will expire as quick as it was submitted given Emergency Medical is an ANNUAL MANDATE. A person summiting a card with an OCTOBER 2023 completion date shall be entered into the OCTOBER 31, 2023 class and his/her expiration of that mandate will occur one year from that time. A person submitting a card that has been issued more than 12 months prior is not valid for the year as it pertains to the Emergency Medical Mandate event though the card may still be valid, this particular credit is only offered for a course that has been conducted within the past 12-months.

ONLY a card shall be accepted as having completed a CERTIFIED AHA/ARC course. NO Letter, correspondence from a Chief/Sheriff, or letter from an AHA/ARC Instructor shall suffice for credit or certification. Training Centers shall only be acknowledged by the issuance of a CPR/AED Card to the card holder.

Again, this process is being developed to assist agencies who need to get on cycle regarding the 500 day delay before retaking the Emergency Medical online.

Follow up email on the same topic-

A simple follow up, the reference to Individual Correspondence relates to letters associated with ONE officer or individualized officers. Letters may be accepted by the MTU regarding DEPARTMENTAL TRAININGS. In other words, a letter whereas the departments have their local EMT or Fire provide the training but don't pay for the Cards would mean they will still have a complete roster. If they submit a similar letter with one or two officers for a 12 man department, this would be a RED FLAG.

Information from Illinois State Police Regarding the Breath Alcohol Operator Certificates

The certificates are now available on OneNet. The cardstock is no longer issued for the printing off of licenses, nor do we print them at the class. The Administrative Rules were changed so that the license does not need to be displayed anymore, but just kept on file and available for court if requested. The officers should have their certificate (license) through their OneNet account that was provided to them at their BAO Class. They are in a .pdf file now and can be printed on your own cardstock or regular paper and will have all the same information as before.

I will provide our old instructions, applicable to anyone who took the class prior to this year. They are changing the way they are inputting the officers information into OneNet for accounts/etc currently, and we are having to update our instructions. I can provide instructions on how to print the license, access OneNet account, once we get them completed, but any officer attending a class will also be provided these instructions at the class.

Trooper Matthew Reents #6721 BAO-South Coordinator Alcohol & Substance Testing Section 618-704-1210







Sexual Assault RESPONDER & INVESTIGATOR INSTRUCTOR TRAINING

TRAINING LOCATIONS

Northern - April 2, 3, & 4, 2024 8:30am - 4:30pm (2nd & 3rd) 8:30am-12:30pm (4th)

Plainfield Fire Department, 23748 W. 135th St., Plainfield, IL 60544

REGISTER HERE—Plainfield

Central – May 13,14, & 15, 2024 8:30am – 4:30pm (13th & 14th) 8:30am – 12:30pm (15th)

ILETSB Main Office, 500 S. 9th Street, Springfield, IL 62701

REGISTER HERE-ILETSB

Southern – August 21, 22, & 23,

8:30am - 4:30pm (21st &22nd) 8:30am - 12:30pm (23rd)

SWIC Training Academy, Belleville,

REGISTER HERE-BELLEVILLE

IMPORTANT NOTE: LAPTOPS ARE REQUIRED FOR THIS



This free twenty-hour, three-day program, has been designed by Cordelia Coppleson to provide students the knowledge and ability to instruct both the mandated Sexual Assault Initial Responder Training (1st day only - 8 hour class), Trauma Informed Sexual Assault Investigator Training (2nd day - 8 hour class) in compliance with the Sexual Assault Incident Procedure Act (3rd day - 4 hour train the trainer portion - teach backs).

TRAINING PREOUISITES

- Minimum 3 years of Law Enforcement experience
- · Minimum 2 years of Detective/Investigator experience
- Must have taken the Day 1 and Day 2 course previously to take this instructor class
- Attorney's Must have minimum 4 years of prosecutorial experience
- Teach Backs will be required to complete course



<u>Day 1</u> – Trauma Informed Response to Sexual Assault for Patrol – Instructor Training with New Updates

<u>Day 2</u> – Sexual Assault Investigator – Instructor Training with New Updates – MUST ATTEND DAY 1 TO ATTEND DAY 2

<u>Day 3</u>— Four hours teach backs (required)

Working lunch will be provided on days one and two.

Lodging responsibility of the registrant. Questions regarding registration contact either MTU 16 (Northern Training), MTU 14 (Southern Training) or Executive Institute (Central Training).

Certification is certified by the ILETSB and meets the following mandates: Civil Rights (1.0 hour), Constitutional and Proper Use of Law Enforcement Authority (.5 hour), Crisis Intervention (1.0 hour), Cultural Competency (.5 hour), Human Rights (.5 hour), Legal Updates (1.5 hour), Procedural Justice (4.5 hours), Psychology of Domestic Violence (1.0 hour), Reporting of Child Abuse and Neglect (.5 hour), Sexual Assault Trauma Informed Response (6 hours), LHI Recert (8 hours) and Sexual Assault Investigator Training (18 hours)



Provide your new supervisors with a strong foundation for success.

COURSE CONTENT:

- Accountability
- Communication
- · Critical Incidents
- Decision Making
- DiSC® Personal Profile System
- Discipline
- Ethics & Professionalism
- Key Elements of Dynamic Leadership
- Managing Problem Employees
- Motivational Principles
- Officer Wellness
- Performance Management
- Planning
- Procedural Justice
- Supervising Diversity

Northwestern University Center for Public Safety provides the highest caliber education available for law enforcement supervisors and managers. The journey begins with Supervision of Police Personnel.

Supervision of Police Personnel (SPP) teaches essential supervisory and managerial skills. Designed for officers with little or no formal supervisory training, our authoritative curriculum focuses on such critical topics as:

- Day-to-day work relationships with subordinates, superiors, and the public;
- Managing the leadership challenges that law enforcement supervisors frequently encounter;
- Understanding human behavior as it relates to law enforcement management;
- Mastering communications techniques;
- Much more!

Students complete this **two-week** course with the understanding that knowing what action to take — and how to implement that action — can be the difference between success or failure on the street or in the office.

Register Now

MATTOON, ILLINOIS Oct. 7 - 18, 2024

TUITION \$1100 per person

TO REGISTER
Scan the below QR code or visit
nucps.northwestern.edu/spp



COURSE LOCATION
Denny Stewart Training Center
3121 Dewitt Ave.
Mattoon, IL 61938

COURSE SPONSOR
East Central Illinois Mobile
Law Enforcement Training
Team - MTU 13

April

Pat McCarthy's Street Crimes.	April 2nd-4th
Breach Point Training with Kent Williams	April 5th
Basic SWAT/CQB **FULL**	April 8th-12th
Tactical Threat Recognition **Canceled**	April 8th-9th
CIT Concepts for 911 Personnel	April 12th
Mastering the Leadership Challenge (1 slots left)	April 15th-19th
Lead Homicide Investigator— Urbana	April 22-26th
Rapport Building Techniques for Interviewing and Interrogations	April 22nd
Law Enforcement Medical Officer	April 23rd
Verbal Judo for De-Escalation	April 24th
Police Firearms Instructor***FULL***	April 29th-May 3rd
Sexual Assault Investigator	April 30th
Prison Rape Elimination Act (PREA)	May 1st-2nd
Prison Rape Elimination Act Refresher (PREA Refresher)	May 2nd



How you treat the one reveals how you regard the many, because everyone is ultimately a one.

@7HABITSOFHIGHLYEFFECTIVEPEOPLE

May

Prison Rape Elimination Act.	May 1st– 2nd
Prison Rape Elimination Act Refresher.	May 2nd
Tactical Team Leader Seminar	May 7th
Use of Force Module One-Two and Three	May 8th-10th
Police Carbine Instructor. **Note that May 18	May 15th-18th th is a Saturday**
High Risk Vehicle Tactics Instructor	May 22st-24th
Memorial Day (Unofficial First Day of Summer)	May 27th
Basic Shield Operator	May 29th
Legal and Justifiable Use of Force.	May 29th
Criminal Law and Procedure	May 30th
June	
Basic Sniper/Observer (Effingham)	June 3rd-7th
Use of Force Modules 1-2-3	June 5th-7th
Emergency Vehicle Operations Course	June 14th

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When we work hard
for something
we don't believe in,
it's called stress.

When we work hard
for something
we love,
it's called passion.

-Simon Sinek
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The Do's and Don'ts of Problem-Solving for Effective Leadership

By Maxwell Leadership/ March 26th, 2024

Benjamin Franklin is famously quoted as saying, "[I]n this world nothing can be said to be certain, except death and taxes." He wasn't the first to use this phrase, and of course, he wouldn't be the last, but he was right – it seems the only immutable facts of life are its termination and its taxation.

Or rather, he was nearly right. One more thing seems to be a given in this world: problems.

Effective Leadership Means Effective Problem-Solving

If you're living, you've got problems – and if you're in leadership, you've got more problems, because of all the people you lead (who are living, so they've got problems). And if you don't want to make those problems worse – and instead, turn them into opportunities to make your leadership and your people better at what you do – then these do's and don'ts will prove helpful.

DON'T UNDERESTIMATE OR OVERESTIMATE THE PROBLEM.

Among those who remember him, Bruce Ismay is often given somewhat of an unfair shake. He was the chairman of the White Star Line, the parent company of the RMS *Titanic*, when the ship tragically sank in 1912. On the ship, he helped inform hundreds of guests of the danger as it was unfolding and led many of them to safety on lifeboats. But before the ship ever set sail, it was Ismay's decision to reduce the number of lifeboats on board from 48 to 16 – a decision that cost many their lives that day. We shouldn't forget Ismay's heroism, as he stayed on the boat as long as he could. However, if we learn anything from his story, it's that problems shouldn't be underestimated.

But on the other hand, it doesn't help anyone to blow a problem out of proportion. Cy Young was one of the greatest pitchers in major league baseball. After his career was over, he commented on the tendencies of managers to take their starters out of the game at the slightest hint of trouble. He observed, "In our day when a pitcher got into trouble in a game, instead of taking him out, our manager would leave him in and tell him to pitch his way out of trouble." Sometimes the problem is not as big a problem as we anticipate, and by tackling it, we shrink it down in size.

DO EVALUATE THE PROBLEM.

As leaders we love to err on the side of caution, but effective problem-solvers walk a finer line than that. If you shouldn't underestimate or overestimate a problem, that leaves you with one option: see it for what it is and tackle it head-on. How do you do that? By evaluating the problem.

First, ask yourself, *What is the issue?* If someone says the moon is a hundred miles from Earth, no big deal – let it go. Unless you're an astrophysicist, it doesn't matter. If someone is about to eat food that is poisoned, deal with it immediately. You have to adjust to the size and weight of the issue. That may be hard, especially for type-A personalities. Keep perspective – if you find yourself getting worked up, ask yourself, "Does this *really* matter?"

Then, ask, *Who is involved?* Often problems are problems because of the people in the middle of them. Some are like Charlie Brown in the classic *Peanuts* television special, *A Charlie Brown Christmas*. When he can't seem to get into the Christmas spirit, Linus tells him, "You're the only person I know who can take a wonderful season like Christmas and turn it into a problem."

DON'T WAIT FOR THE PROBLEM TO SOLVE ITSELF.

Patience is a virtue in problem-solving if you are at the same time doing all that you can to fix the situation. It is not a virtue if you are waiting, hoping that the problem will solve itself or just go away.

Problems demand that we pay them attention. Why? Because left alone they almost always get worse. Nina DiSesa, who led the ad agency McCann Erickson in the late 90s, observed, "When you step into a turnaround situation, you can safely assume four things: morale is low, fear is high, the good people are halfway out the door, and the slackers are hiding." Those things won't improve on their own. They require intentional problem solving and active leadership.

DO COMMUNICATE THE PROBLEM.

If we're leading people (and we must be if, in fact, we're leaders), we *must* communicate about our problem to the people whom it will affect. We owe them that. Besides, the solution often lies in receiving help from someone else who is able to help us solve it.

Lack of communication and poor communication not only prevent us from solving problems, they can also create problems of their own. Bernd Pischetsrieder, former chairman of Volkswagen, said,

"I do know that the principal conflicts I have experienced have always had one simple cause: miscommunication. Either I didn't understand what other people wanted, or they didn't understand what I wanted. These conflicts were caused by a lack of communication and not just merely misunderstanding someone's words, but also misunderstanding a person's intentions and the background from which someone has formed an opinion."

No matter whether it involves family, friends, employees, or teammates, when you are facing problems, it's crucial that you all get on the same page and work on it together.

DON'T AGGRAVATE THE PROBLEM.

Not only do problems not solve themselves, but we can actually make them worse by how we respond to them. Problems are like fires, and every one of your people carries two buckets: one filled with water, and one with gasoline. When you come across a problem, you can use the bucket of water to try to put the fire out. Or you can pour gasoline on it and make it explode. Same problem, two different results based on our actions.

Taking a potentially volatile situation and making it worse is only one way of aggravating a problem. We can also make problems worse when we respond to them poorly. Some of the ways we can do that include:

- Losing our perspective
- Giving up important priorities and values
- Losing our sense of humor
- Feeling sorry for ourselves
- Blaming others for our situation

Instead, we need to try to remain positive. Author Norman Vincent Peale asserted, "Positive thinking is how you think about a problem. Enthusiasm is how you feel about a problem. The two together determine what you do about a problem."

DO APPRECIATE THE PROBLEM.

Appreciating a problem is counterintuitive for many people. Most people see a problem as, well, a problem - it's a nuisance to be avoided. However, if we have the right attitude and appreciate the problem, not only will we work harder to solve it, but we will also learn and grow from it. Problems always bring opportunities, and opportunities always bring problems. The two go hand in hand. If we can learn to appreciate that truth, we have a real advantage in life.



Counseling Service from one of our own......

If someone needs help with trauma counseling and they are in the emergency or police world in our community, they can reach out to our hotline. The phone # is 217-258-4144. Our email is stressdebriefCISD@sblhs.org If I am activated through those numbers or email, I will be paid by Sara Bush Lincoln Hospital. If they want to go straight to me my number is 574-529-0937. Payment is optional to me directly. I usually get paid \$25 an hour, but I won't charge that. It would be completely voluntary.



Pastor Dan Haifley

Note from Project Director Brad Oyer-

I have personally known Pastor Dan Haifley for several years. He is a strong supporter of law enforcement and first responders. He has volunteered to serve as a chaplin for our MTU. He is also employed through Sarah Bush Lincoln Health Care Center as a stress debrief counselor. He understands the stress that officers and first responders go through in this line of work. If the time comes that you need to speak with someone, I want everyone to know there is someone local who will listen and is trained to speak with you. If anyone needs help, please ask. There are people here who care about you and what you do.

- Brad

Officer Down Memorial Page

Officer Line of Duty Deaths 2022-247

Total Line of Duty Deaths for 2023: 30

Gunfire 10

Vehicular Assault

Assault 1

Stabbed

More officers have taken their own lives than been attacked and killed by other humans.

We have to **CHANGE** this!



No shame, no judgement



24/7 Law Enforcement Hotline

Suicide Prevention Hotline

▶ 800-273-8255, Press 1

Veteran Crisis Hotline

just us being happy you're here. Stay with us, you have choices. They all want to help

▶ 1-800-COPLINE

▶ 1-800-273-TALK

- Text "BLUE" to 741741
- **▶** 866-COP-2COP 24 Hour Peer Support
- **855-964-2583 BlueLine Support** 24 Hour Peer Support
- www.1sthelp.net Resource Database for
- First Responders

vww.bluehelp.org acebook, Insta, Twitter: @BlueHelpLE

Law Enforcement Officers who have lost their life to suicide.

2020	197
2021	198
2022	217
2023	163
2024	31

Take the Pledge

Without solidarity, acknowledgement and honor-stigma, silence and denial remain. By taking the pledge each year, you are committing to: publicly show your support for prevention of law enforcement suicide; support for the officers who are suffering and; honoring the memory of those we have lost. Anyone can pledge, you don't have to be an officer; you simply need to be committed to eradicating the stigma.

I Pledge To:

- Make emotional wellness a priority for myself, my family and/or my fellow officers;
- Seek Assistance when I may be in need of support– for work or personal pressures;
- Confidentially contribute suicide information to aide in accurate data.

Pledge Benefits

- Pledge certificate worthy of display
- Watch Your 12 Challenge Coin
- Recognition on our website
- 15% off merchandise purchases in the Blue H.E.L.P. store for one year.
- 15% off conference registration fees for one year

How to Pledge

- -Click the link at website (bluehelp.org/take-the-pledge/#) (20.00 individual/\$150.00 department)
- (Optional) send your department patch to Contact@bluehelp.com or mail to:
- Blue H.E.L.P.

P.O. Box 539

Auburn, MA 01501



COURSE CONTENT:

- Budgeting
- Contemporary Policing
- Decision Making and Problem Solving
- · Employee Relations
- Evaluating Products and Services
- Executive Image
- . Grant Writing
- Human Resources
- Leadership and Management
- Media Relations
- Organizational Behavior
- Planning and Policies
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- More!

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Since its inception in 1983, law enforcement agencies throughout the U.S. and around the globe have recognized SPSC's significant impact on their organizations. Its unparalleled curriculum focuses on critical areas in law enforcement management. Students who successfully complete SPSC are better prepared to:

- Think globally rather than remain task-oriented;
- Deliver services effectively and efficiently;
- Analyze the environment;
- Mitigate legal exposure; and,
- Develop systems of accountability.

Adjunct instructors and guest lecturers, all experts in their fields, enhance the learning experience with an innovative mix of academic principles and practical applications, blending instruction in concepts and strategies with the how-to of implementing those lessons and leading in situations where the problems are real and agency outcomes are critical.

Course activities encourage class members to learn from each other's experiences, build relationships, and develop networks that will last long after the course has ended.

Register Now!

PEORIA, ILLINOIS

COURSE DATES:

Nov. 11, 2024 - Mar. 14, 2025 (2 weeks in class, 2 weeks off,etc.)

REGISTRATION

Register at:

nucps.northwestern.edu/reg4spsc

TUITION

\$4600 per person

COURSE SPONSOR:

Illinois Central College

COURSE LOCATION:

Illinois Central College North Campus Poplar Hall, Rm. 101 5407 N. University St. Peoria, IL 61635

Celebrating 40 Vears

Since 1983, more than 21,000 public safety professionals have graduated from SPSC in more than 550 classes.

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2024 Blessing of the Squads Sunday April 28th



Gates Open at 10:00am Blessing at 12:30pm Lunch Provided

3630 Bald Knob Rd,
Alto Pass, IL 62905
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