

East Central Illinois Mobile Law Enforcement Training Team **Mobile Training Unit #13 Newsletter**

July

Well, the cicadas seem to be gone. My wife was collecting them and feeding them to our chickens. Chickens eat cicadas like it is the best thing they have ever had. It was unbelievable.

We are screaming into summer, my absolute favorite season and this year is no different. I hope that everyone is getting the chance to spend time with their loved ones at the ballpark, or simply around a bar-b-que grill and a bags game. In the past we have tried to schedule training in July, but we can't compete with everything else that is going on so we wait until school comes back in to really get started on the training schedule.

As you can see though, Kelsey and I have knocked out a big part of the schedule already. There are still many classes that have not been added simply because we are waiting for some paperwork to drop from Springfield or elsewhere. Keep watching the website though as we have many more classes coming.



Project Director-Brad Oyer
Assistant- Kelsey Jacobson

*****In-House Training Update*****

Trainers– Before holding in-house training. Please call and schedule with the MTU. I'm asking for at **least 2 weeks notice**. We are being asked to attend your training and fill out an "audit" form to evaluate the training. We need a couple of weeks if possible in order to arrange schedules so that one of us are available to attend if possible.

If you have any questions, please feel free to give us a call or drop us an email.

Brad, Kelsey and Jason

MTU 13 Facebook Page

Many of you may know that at one time, MTU 13 had a Facebook page. Since I have been in this position, I have been unable to locate username and passwords for that account. Kelsey has been putting together a new group page.

The former account, which is still up, was called "MTU 13". The new Facebook page is "**East Central Illinois Mobile Law Enforcement Training Team-MTU 13**". This will be a closed group, open only to law enforcement.

This QR code should take you to a sign up page where you will be approved after it's confirmed you are in the law enforcement family.



East Central Illinois Mobile Law Enforcement Training Team

MTU #13

Course Announcement



First-Line Supervisor: Meeting the Leadership Challenge

November 6-7-8th, 2024

0830– 1630 Hrs

Denny Stewart Training Center

3121 Dewitt Avenue

Mattoon, Il.

Submit enrollment to:

Registration form at

www.mtu13.com,

ecimlett@gmail.com

The FBINAA Leadership Certification Program

This certification is a series of courses, open to all law enforcement professionals and will encompass the latest strategies, techniques and real-world leadership scenarios to prepare each attendee to better lead their respective unit, shift or agency into the unpredictable future of law enforcement.

This program was developed in conjunction with Strategic Alliance, Legal and Liability Risk Management Institute, to continue to develop Gold Standard law enforcement leaders across the country during these critical times.

This is one of the three classes needed for the FBINAA Leadership Certification Program. If you came to the class "Mastering the Leadership Challenge", this is one of the two classes that you need. Only a few have had both of them. I'm working with the FBINA in Quantico Va., to get the last class as we speak.

FBINAA
LEADERSHIP
CERTIFICATION
PROGRAM



Observed Mandates Include:

Procedural Justice

This course is funded by the Illinois Law Enforcement Training and Standards Board.



Supervision of Police Personnel

Provide your new supervisors with a strong foundation for success.

COURSE CONTENT:

- Accountability
- Communication
- Critical Incidents
- Decision Making
- DiSC® Personal Profile System
- Discipline
- Ethics & Professionalism
- Key Elements of Dynamic Leadership
- Managing Problem Employees
- Motivational Principles
- Officer Wellness
- Performance Management
- Planning
- Procedural Justice
- Supervising Diversity

Northwestern University Center for Public Safety provides the highest caliber education available for law enforcement supervisors and managers. The journey begins with Supervision of Police Personnel.

Supervision of Police Personnel (SPP) teaches essential supervisory and managerial skills. Designed for officers with little or no formal supervisory training, our authoritative curriculum focuses on such critical topics as:

- Day-to-day work relationships with subordinates, superiors, and the public;
- Managing the leadership challenges that law enforcement supervisors frequently encounter;
- Understanding human behavior as it relates to law enforcement management;
- Mastering communication techniques;
- Much more!

Students complete this two-week course with the understanding that knowing what action to take — and how to implement that action — can be the difference between success or failure on the street or in the office.

Register Now

MATTOON, ILLINOIS
Oct. 7 - 18, 2024

TUITION
\$1100 per person

TO REGISTER
Scan the below QR code or visit nucps.northwestern.edu/spp



COURSE LOCATION
Denny Stewart Training Center
3121 Dewitt Ave.
Mattoon, IL 61938

COURSE SPONSOR
East Central Illinois Mobile
Law Enforcement Training
Team - MTU 13



University of Illinois Academy for Social Work and Public Safety



August 19-23, 2024

8:00 am – 4:00 pm daily \$550 per participant

Training begins at the ILEAS Training Center 1701 E. Main Street Urbana, IL 61802.

This course will be held at several different locations dependent on the topics for the day.

Lodging Options

I Hotel

1900 S. 1st Street

Champaign, IL 61820 (217)

819-5000

Hilton Garden Inn 1501 S.

Neil Street Champaign, IL

61820 (217) 352-9970

Holiday Inn

101 Trade Center Dr.

Champaign, IL 61820 (217)

398-3400

Home2 Suites

2013 S. Neil Champaign, IL

61820 (217) 355-6468

Homewood Suites 1417 S.

Neil Street Champaign, IL

61820 (217) 352-9960

*This is not an exhaustive List of
lodging options

This 40-hour training course is a foundational training for mental health professionals and law enforcement that routinely work together either during on scene response to mental health calls for service or as support to community members following police involvement.

ILETSB certified with credit for the following mandates: CIT, Human Rights, Officer Wellness/Mental Health, Procedural Justice, Use of Force (scenario hours, de-escalation, officer safety).

30 hours of in-person CEUs available for LCSW, LSW, LCPS, and LPCs.

Course Topics Include:

History of Police Crisis Response

Non-Escalation/ De-Escalation Tactics

Evaluation Tools

Documentation

Policy and Procedure

Police Radio Communication

Strategies and Tactics

Legal Considerations

Confidentiality

Law Enforcement Mindset & Culture

Self Defense Skills

Scenario Training

Register for the course [here](#)

Inquiries? Contact Megan Cambron: cambronm@illinois.edu

MTU 13 Upcoming Training

July

Enjoy the summer. I hope that everyone gets to get their vacations, ballgames and family reunions in while school is out. Summer is always a busy time so we try not to compete with your vacation time.

August

VIP/Dignitary/Witness Protection Course– August 5th-9th***We need students to make this a go***

Sexual Assault Trauma Informed Response– August 12

Sexual Assault Investigations– August 13th

High Risk Patrol Tactics Instructor– August 20-22nd

Human Trafficking Enforcement for Law Enforcement– August 23rd (tentative)

Instructor Development-Understanding MTU Protocol for Course Approval– August 27th

Breath Alcohol Operator– August 28th

Rapid Response– August 28th

Law Enforcement Medical Instructor– August 30th

September

Property and Evidence Room Management– September 6th

Small Unmanned Aircraft (DRONES) in Law Enforcement– September 9th-12th

Standardized Field Sobriety Testing Refresher– September 13th

Advanced SWAT Course– September 16-20th

Body Searches: from Terry to Strip– September 17th

Oleo-Resin Capsicum Instructor– September 18th

San Jose Field Training Officer– September 23-26th

September Continued-

Use of Force Modules 1-2-3 - September 23-25th

San Jose Field training Officer Refresher– September 25th-26th

San Jose Field Training Supervisor– September 27th

Verbal Judo– September 30th

October

Lead Homicide Investigator Refresher– October 1st

Search Warrants/Courtroom Testimony/Report Writing– October 2nd

Serious and Fatal Accident Investigation– October 3rd-4th

Supervision of Police Personnel (see flyer)-October 7th-18th ***We are in need of sign ups to make this a go***

Police Basic Carbine End User– October 9th-10th

Basic Crime Scene Investigations (Basic CSI)- October 21st-25th

Use of Force Modules 1-2-3 - October 22-24th

Standardized Field Sobriety Testing– October 28th-30th

Advanced Roadside Impaired Driving Enforcement (ARIDE)- October 31– November 1st

November

Breach Point with Kent Williams– November 5th

Meeting the Leadership Challenge in Law Enforcement– November 6th-8th

Conversation with a Sex Offender with Gail Sullivan– November 12th

Psychology of Domestic Battery with Gail Sullivan– November 13th

Law Enforcement Medical Instructor– November 15th

Recruiting and Background Investigations– November 18th-19th

Use of Force Modules 1-2-3 - November 19th-21st

Financial Wellness and Retirement– November 20th

Rapid Response to Active Shooter– November 21st

Deer Season– November 22-24th (That's right, it's on the calendar)

December

Investigations of Child Physical Abuse and Death– December 2nd-3rd

Traffic Crash Investigations One– December 9th-20th

Surviving Hidden Weapons with Steve Johnson– December 12th

Christmas Break– December 23rd– January 1st

January 2025

Traffic Crash Investigation Two– January 6th-17th

Identifying and Intercepting School Violence through Cyber intelligence– January 21st-22nd

Use of Force Module 1 and 2 (not the third one)- January 23rd-24th

Breath Alcohol Operator– January 28th

Police Ethics– January 30th

Critical Trauma Crisis Management Certification– January 31st

February

School Resource Officer– February 3rd-7th

New Detective Bootcamp– February 13th-14th

More to come in February

March

I and I Pro: Today's Professional and Effective Interview and Interrogation Approach– March 10th-12th

Internal Affairs and Ofc. Discipline– march 17th-19th

Pat McCarthy's Street Crimes– March 24th-26th

Basic SWAT/CQB– March 31st– April 4th

April

Law and Order: Lead Homicide Investigator Class– April 7th-11th

Use of Force Modules 1-2-3 - April 16th-18th

Juvenile Officer Course– April 22-25th

Rural Operations– April 22nd-24th

May

Breath Alcohol Operator– May 5th

Simon's 5 Tips to Build Strong Leadership Presence

Simonsinek.com

January 23rd, 2024

Imagine it as the secret sauce that really makes leaders shine. Some folks call it the “X factor,” while others think of it as a special gift only a lucky few possess. But when it comes to being an outstanding leader, there’s one undeniable ingredient that sets them apart: a killer leadership presence. Whether you’re running a small team, dreaming of a political career, heading up a massive corporation, teaching, or even channeling your inner leader, this quality acts like a magnet, drawing people’s attention in.



In their book *Leadership Presence*, authors Belle Linda Halpern and Kathy Lubar define it as “the ability to authentically connect with the thoughts and feelings of others in order to motivate and inspire them to achieve a desired outcome.” If that sounds like a jumble of words to you, Simon offers a simpler definition: It is a unique combination of *gratias*, basic savvy, and the ability to make others feel both safe and inspired.

Furthermore, it is not something you are born with; it is something you learn.

Like many of the skills we teach here at The Optimism Company, there are few institutional curriculums available to learn the art of leadership presence. In fact, most leaders with great leadership presence learned it by observing other great leaders before them. If you are interested in an accelerated course on learning leadership presence, we asked Simon Sinek, our founder and Chief Optimist, for his five-tip cheat sheet.

His first piece of advice? Don’t fake it before you make it. “There is an irony that comes with leadership presence, which is that you should never pretend to be something you are not,” he says. “There are people who put on a facade and shout orders to appear as leaders, when in reality, they are not leaders. However, you do need to present yourself differently to build leadership presence. When you are more junior, you can be silly. As you advance in seniority, you must remember that a whisper becomes a shout.”

With that in mind, what follow are Simon’s top tips for building your own leadership presence. Read on, and if you’re interested in more great advice you can use to level up your confidence at work, be sure to check out Simon’s #1 best-selling course, The Art of Presenting, today.

1. You Need Constant Situational Awareness

Never underestimate the power of being really, really good at reading the room at work. “It’s like being a parent,” says Simon. “Roughhousing with your kids is fun, but a good parent knows when to stop, and when it’s going too far. Good leaders have to have constant situational awareness.”

Simon notes that he’s seen leaders suffer when they lose this focus. “I’ve seen leaders lose their leadership presence because they failed to read the room,” he says. “They allow people to say things that shouldn’t be said. You’re managing the room. I watch the room constantly. If someone is struggling to get a word in, I’ll step in and be like, ‘Hold on one second. Emily, you’re trying to say something?’ So I’m constantly paying attention to who’s struggling to speak, who’s speaking too much.”

What's more, you don't have to be the appointed leader to develop this leadership presence. "You never have to be the most senior person in the room to do this," says Simon. "You can have unofficial authority simply by interrupting and saying, 'James is trying to say something.'"

2. Always Remember: Everything You Say Carries Weight

If you're in a position of authority, it's important to remember that "everything you say is magnified and carries weight," says Simon. "A compliment can make someone's week. On the other hand, a little offhanded comment can destroy someone. Everything is just exaggerated. And so you're not changing who you are. You're still yourself. But you have to remember that absolutely everything that comes out of you is louder, bigger, more sensitive, spotlighted, and more exaggerated. A whisper becomes a shout, and you have to be ultra-sensitive to compliments and criticisms."

3. Yes, Fashion and Body Language Are Important

In fear of saying something wildly old-fashioned in a world populated by hoodies and Nike Dunk Lows, it's simply a fact that how you present yourself—both in terms of appearance and body language—impacts your leadership presence. "Even if you're a male and you don't care that no one else is wearing a collared shirt in a casual office, it's helpful to look more presentable," says Simon. "Take a tip from Ronald Reagan. He always wore a jacket and tie in the Oval Office. It was out of respect for the office, and it largely set the tone."

Also, remember that human beings don't just communicate with words. We send powerful messages with our bodies even if we don't know we're doing it. "Posture matters," says Simon. "You can't sit in a meeting hunched over and expect that people will think that you're the leader. You should sit up straight. What I notice when I'm slouching or I notice that my physical presence is lazier, I'm communicating the wrong things to the room. Also, sitting up straight reminds me to pay attention to the room, to make sure everybody's feelings are heard."

4. Always Protect the Group

Fact: Leaders are leaders because they, well, *lead*. "As hierarchical animals, we kind of want to know who we can trust and who we can follow, and we're constantly assessing and judging each other," says Simon. "When you have all of these leadership presence skills, what you're communicating to the room is I'm aware and I'm going to protect the team."

Simon can't emphasize enough the importance of projecting safety and protection. "This is where people confuse authority and leadership. It doesn't matter if you're stronger or louder. What you're communicating with good leadership presence is that the leader goes first. That's why we call you a leader. You *lead*. You go first towards the danger. You speak truth to power."

5. Embrace Your Inner Idiot

One of the best ways to build leadership presence is to ask the questions that everyone is thinking but no one else is asking. "You're willing to be stupid," says Simon. "You say, 'I don't understand.' No one understands, but leaders are the first to say it."

At the end of the day, this will build the trust and respect that comes with leadership presence. "If you're willing to go first into danger and discomfort and help ideas move forwards, what that communicates is trustworthiness and protection," says Simon. "And by the way, it's not always about leading people. It could be leading the *ideas*. Saying, 'Okay, let's try it!' Or, 'We've been tackling this idea with one train of thought. Let's try something else again.'"

Officer Down Memorial Page

Officer Line of Duty Deaths 2022– 247

Total Line of Duty Deaths for 2024: 73

Gunfire	25
Vehicular Assault	3
Assault	2
Stabbed	2

More officers have taken their own lives than been attacked and killed by other humans.

We have to **CHANGE** this!



No shame, no judgement



just us being happy you're here.
Stay with us, you have choices. They all want to help.

▶ **Text "BLUE" to 741741**

▶ **1-800-COPLINE**
24/7 Law Enforcement Hotline

▶ **866-COP-2COP**
24 Hour Peer Support

▶ **1-800-273-TALK**
Suicide Prevention Hotline

▶ **855-964-2583**
BlueLine Support
24 Hour Peer Support

▶ **800-273-8255, Press 1**
Veteran Crisis Hotline

▶ **www.1sthelp.net**
Resource Database for
First Responders



www.bluehelp.org
Facebook, Insta, Twitter: @BlueHelpLE

Law Enforcement Officers who have lost their life to suicide.

2020.....	198
2021.....	199
2022.....	221
2023.....	167
2024.....	61

Take the Pledge

Without solidarity, acknowledgement and honor– stigma, silence and denial remain. By taking the pledge each year, you are committing to: publicly show your support for prevention of law enforcement suicide; support for the officers who are suffering and; honoring the memory of those we have lost. Anyone can pledge, you don't have to be an officer; you simply need to be committed to eradicating the stigma.

I Pledge To:

- Make emotional wellness a priority for myself, my family and/or my fellow officers;
- Seek Assistance when I may be in need of support– for work or personal pressures;
- Confidentially contribute suicide information to aide in accurate data.

Pledge Benefits

- Pledge certificate worthy of display
- Watch Your 12 Challenge Coin
- Recognition on our website
- 15% off merchandise purchases in the Blue H.E.L.P. store for one year.
- 15% off conference registration fees for one year

How to Pledge

-Click the link at website (bluehelp.org/take-the-pledge/#)
(20.00 individual/ \$150.00 department)

- (Optional) send your department patch to Contact@bluehelp.com or mail to:
- Blue H.E.L.P.
P.O. Box 539
Auburn, MA 01501