

# East Central Illinois Mobile Law Enforcement Training Team

## MTU #13

### Course Announcement



**WITHIN Thin Lines Foundation**

**NAEMT Mental Health Resilience Ofc..**

**September 29th, 2025**

**0830-1630 Hrs**

**Denny Stewart Training Center**

**3121 Dewitt Avenue**

**Mattoon, Il.**

Submit enrollment to:

Registration form at

[www.mtu13.com](http://www.mtu13.com)

**PURPOSE OF COURSE:** This one-day, 8-hour program has been designed to provide students with the tools needed to recognize and identify the roles and responsibilities of a MHRO, responses to stress, understand mental health programs, peer to peer mental health support, create or enhance an agency mental wellness program.

**COURSE OVERVIEW:** Attendees of NAEMT's Mental Health Resilience Officer will understand and have the tools and knowledge to begin or expand a mental health resilience program at their agency/department.



**Observed Mandates Include:**

**Crisis Intervention**

**Ofc. Wellness**

**Procedural Justice**